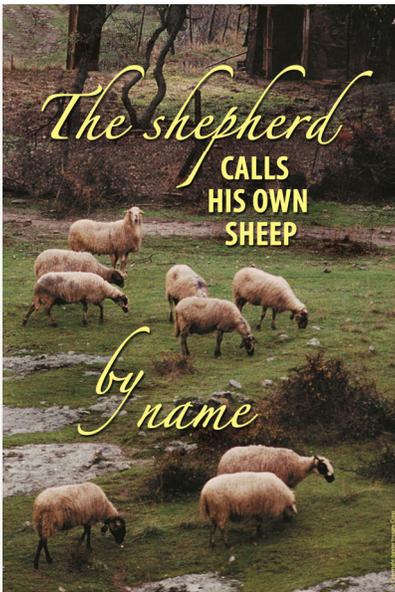


# Church of St. Mary Magdalene

FOURTH SUNDAY OF EASTER

MAY 3, 2020



Rev. Stephen P. McCall  
Pastor

Rev. John B. Farley  
Associate Pastor

Rev. William Headley, C.S.Sp.  
In residence

Rev. Michael T. White, C.S.Sp.  
Weekend supply

Deacon Ralph Skiano

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Church of St. Mary Magdalene  
1945 Illion Street  
San Diego, California 92110  
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Fax (619) 276-0144  
[www.stmaryagonline.org](http://www.stmaryagonline.org)

## • Mass Schedule •

Monday - Saturday mornings 7:45 a.m.  
Saturday Vigil 5:30 p.m., Sunday 7, 9, 11 a.m., 6 p.m.  
Holy Day Vigil 5:30 p.m., Holy Day 7:45 a.m., 7 p.m.

## • Sacrament of Reconciliation •

Saturday 4 - 5 p.m.  
or by appointment

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**Director of Youth Ministry**

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**St. Mary Magdalene Mission Statement**

**We the Eucharistic Community of St. Mary Magdalene  
are called to conversion in Jesus Christ.**

**Our community life and worship are based on the Bible,  
the Sacraments, and the teachings of the Catholic Church.**

**Living the love of Christ impacts our moral, intellectual, and  
religious life, and makes us a caring community that brings hope  
to our families, neighborhood, and society.**

- **PARISH OFFICE HOURS**  
Monday-Friday: 8 a.m.-4:30 p.m.  
(closed from 12 noon-1:00 p.m.)
- **TO BECOME A REGISTERED PARISHIONER**  
Stop by the Parish Office during regular business.
- **FUNERAL PRE-PLANNING**  
Arrangements for a funeral liturgy may be made in advance. Contact the Director of Liturgy, Mary Kay Evanko.
- **RITE OF CHRISTIAN INITIATION FOR ADULTS**  
Those who are interested in becoming Catholic, or those baptized Catholics, who wish to become fully initiated in the Church, should call the Parish Office.
- **SACRAMENT OF BAPTISM**  
Baptismal preparation classes are required of all parents and godparents. Call the Parish Office for an appointment.
- **SACRAMENT OF MARRIAGE**  
Call the Parish Office at least nine months in advance.
- **SACRAMENT OF RECONCILIATION**  
Saturday, from 4-5 p.m. in the church or call the Parish Office for an appointment.
- **SACRAMENT OF THE SICK**  
In event of serious illness or medical emergency, anointing of the sick and Eucharist may be arranged by contacting the Parish Office.
- **RELIGIOUS EDUCATION**  
Classes are held on Sunday mornings at 10:15 a.m. Contact Rachel Freeman, for more information.
- **EUCCHARISTIC ADORATION**  
Every Friday from 1-5:00 p.m. in the Blessed Sacrament Chapel.
- **MINISTRIES/ORGANIZATIONS**  
To become involved in a parish ministry, call the ministry contact found on page seven of this bulletin.

*Welcome!*

No matter what your present status in the Catholic Church,  
No matter what your current family or marital situation,  
No matter what your past or present situation,  
No matter what your personal history,  
age, background or race,  
No matter what your own self image or self-esteem.  
You are invited, welcomed, accepted, loved,  
and respected at St. Mary Magdalene Church!  
*We are so happy to have you here!*



## Fourth Sunday of Easter A Scriptural Reflection

### Mass Intentions

If you had a Mass Intention scheduled during this time of 'No Public Masses Being Celebrated', you will be given the opportunity to reschedule the Mass as soon as we resume public Masses. Thank you for your understanding.

### Today's Readings

#### **First Reading:**

- All peoples called by God will receive the gift of the Spirit if they repent and are baptized (Acts 2:14a, 36-41).

#### **Psalm:**

- The Lord is my shepherd; there is nothing I shall want (Psalm 23).

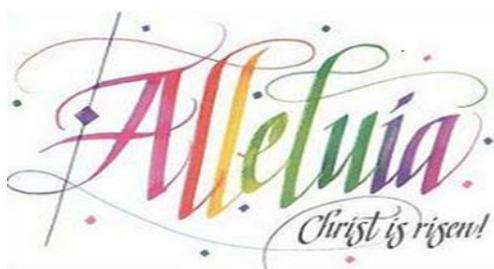
#### **Second Reading:**

- Once we were like straying sheep; but now we have been returned to the shepherd, our guardian (1 Peter 2:20b-25).

#### **Gospel:**

- The shepherd leads the sheep out into pastures of abundant life (John 10:1-10).

The English translation of the Psalm Responses from *Lectionary for Mass* © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.



### **That's Not Me**

I will never forget my very first day of school. In those days, class sizes in Catholic grammar schools were quite large; my first grade class had fifty-two students. Our teacher made large name tags for each of us to wear that first day. Unfortunately, my name tag read "Edward Gallagher." This is not my name. When I saw this, I tried to protest, "Sister, that's not my . . ." She immediately responded, "Now, Edward, there will be no talking back to Sister." I tried again, "But Sister . . ." Her hands more than full with fifty-two of us, there apparently just wasn't time for this conversation. So, I went through my first day of school named someone I was not. I will never forget my mother's face as she stood on the front porch ready to welcome her first-born son home from his first day of school. She took one look at "Edward Gallagher," frowned, and immediately went to the phone to straighten things out with the school.

### **Called By Name**

This early life experience taught me much about the value and importance of my name. In today's Gospel we hear the Lord Jesus tell his followers that sheep learn to recognize the voice of the shepherd. They will not follow a stranger's voice. In the Rite of Baptism, the very first question put to the parents is, "What name do you give your child?" And just before the words "I baptize you . . ." the priest or deacon calls the one to be baptized by name. In a sense, we learn to hear our name called by God from the moment of our rebirth in the waters of baptism. This is the root of all vocational calls, whether to marriage, holy orders, or the consecrated life. On a day when we remember that Jesus is our caring shepherd, let us listen once again to the Lord calling us each by name into loving service.

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### Readings for the Week

Monday:	Acts 11:1-18; Ps 42:2-3; 43:3, 4; Jn 10:11-18
Tuesday:	Acts 11:19-26; Ps 87:1b-7; Jn 10:22-30
Wednesday:	Acts 12:24 — 13:5a; Ps 67:2-3, 5, 6, 8; Jn 12:44-50
Thursday:	Acts 13:13-25; Ps 89:2-3, 21-22, 25, 27; Jn 13:16-20
Friday:	Acts 13:26-33; Ps 2:6-11ab; Jn 14:1-6
Saturday:	Acts 13:44-52; Ps 98:1-4; Jn 14:7-14
Sunday:	Acts 6:1-7; Ps 33:1-2, 4-5, 18-19; 1 Pt 2:4-9; Jn 14:1-12





### Change While Sheltering In Place

"I'm lost. I've gone to look for myself.  
If I should return before I get back,  
please ask me to wait."

The above describes well the feeling that so often accompanies transition or major life change. Sheltering at home, job changes or job loss, changes in income, lifestyle and socialization are all examples of transitions that can throw us into a state of disorientation and confusion.

It is interesting to note that, in the professional literature, the subject of transition and change is addressed in the same way as grief and bereavement. It suggests that there is a similar process that we all go through when we are in transition—whether that transition is *major* (like the loss of a loved one); *minimal* (like having to buy groceries online) or *developmental* (like retiring).

Our current sequestration has affected each of us differently. Some of us have experienced major losses: the loss of normalcy, economic toll, the loss of human connection, loss of health, even the loss of a loved one. Others are experiencing minimal changes or inconveniences. All are losses. There is also *anticipatory grief*—not unlike anxiety—with uncertainty about what the future holds. Regardless of the degree of change, or anticipated change, the *process of navigating* those changes is similar in every situation and something each of us experiences with every transition.

Most of us are familiar with the stages of grief first proposed by Swiss Psychiatrist, Elisabeth Kubler-Ross: *Denial, Anger, Bargaining, Depression, Acceptance* and the newly added sixth stage by David Kessler: *Finding Meaning* beyond the five stages of grief. The stages are not linear and do not necessarily happen in a particular order. And it's important to remember that we don't "get over" grief, we get through it. We change through it and somehow learn to live without the beloved person or object we've lost. Our grief experiences are more like a pendulum, swinging back and forth between feelings of loss on one side and the creation of a new life without the object or person we've lost on the other. Over time, however, the pendulum does not swing as low nor as often.

In this confusing and seemingly fallow time, we have the opportunity for tremendous growth if we can allow ourselves to surrender to the feelings of confusion, uncertainty and disorientation—of being on a journey and not knowing where or when it will end.

(Continued next column)

(Behavioral Health Ministry continued)

To deal with the inevitable ending that is part of any change, we must, first, **disengage**—to acknowledge what is ending and to grieve what we can no longer be connected to. Sometimes the change is of our choosing but other times, such as in our current pandemic, it is a situation that has been thrust upon us. As we follow the passion and death of Jesus, we see even his inability to hold on to what was. And over the centuries, it was thought important to retain in scripture the words uttered by the Christ at his moment of surrender: "It is finished." Might we ask Jesus to be with us when we lack the courage to say that something is finished?

The second task of ending is to **dis-identify** with what we had previously identified with so strongly. During our sequestration, many of us are finding that so much of what we previously occupied ourselves with, is dispensable. May we remember, and apply, the lessons we are learning through this challenging time.

Third, we must address our **disenchantment** or the limbo we feel when the world is no longer real as it used to be. Our previous routines and relationships order our often-complex world. Without these anchors, where will we find safety, acceptance and meaning?

Fourth, we must surrender to a period of **disorientation**. It is only through submitting to a period of confusion and lost-ness that we are ultimately able to become re-oriented. In the words of poet, Robert Frost: "you must be lost enough to find yourself."

And so this is how we enter the in-between zone that marks an ending and is before a beginning. Ultimately, through the grace of God, we are able to realign, re-image, re-focus, rejuvenate and re-invest in relationships and experiences that are only available to us after the letting go.

Example, if not comfort, can be found in the story of the call of Abram recorded in the book of Genesis. Here God tells Abram to leave all that he has, all that he's accomplished, for a land that God would *eventually* show him. Abram went as the Lord directed and, ultimately, grew in his understanding of his part in God's plan:

"I will make you a great nation  
and I will bless you;  
I will make your name great,  
so that you will be a blessing.  
I will bless those who bless you  
and curse those who curse you.  
All the communities of the earth  
shall find blessing in you."  
(Gn. 12:1-3)

(Adapted from Kircher, Kathleen. *Mastering Major Change and Transition*. References: Frick, Frank. *A Journey Through the Hebrew Scriptures*; Buford, Bob. *Halftime*.)

The Behavioral Health Ministry's in-person workshops, *Ten Warning Signs of Alzheimer's Disease* and *Alzheimer's Disease: Diet, lifestyle and Healthy Living* scheduled for April and May have been postponed.

In the meantime, please consider using the following Alzheimer's resources:

- 24/7 Helpline for information, referrals and emotional support. 200 languages available. (800) 272-3900
- Education Programs for people with memory concerns, caregivers, friends, etc.: [www.alz.org](http://www.alz.org).
- Education and Training Center: Alzheimer's and Dementia-related courses available online, 24/7. Visit [training.alz.org](http://training.alz.org) or [training.alz.org/español](http://training.alz.org/español).
- Support groups for families dealing with Alzheimer's and related disorders: [www.alz.org](http://www.alz.org).
- Care Consultation with clinical staff for assessment and planning around issues such as safety, future care, and management of challenging situation: [www.alz.org](http://www.alz.org).
- Online tools accessible through [www.alz.org](http://www.alz.org).
- Info and fact sheets
- AlzConnected: a free online community for anyone affected by Alzheimer's or other dementia: [www.alzconnected.org](http://www.alzconnected.org)
- Questions re: COVID-19, call 2-1-1 to speak to someone or visit [211sandiego.org](http://211sandiego.org).

One-on-one counseling remains available through the parish Behavioral Health Ministry. Sessions are currently being offered online through the HIPAA-compliant video platform, "Clocktree." To set up an appointment or for more information, please contact the parish Pastoral Counselor, Rita McCreery, at (619) 922-6059 or email [rita@ritamccreery.com](mailto:rita@ritamccreery.com).

Saint Paul, writing from prison declared:

*Have no anxiety at all, but in everything, by prayer and petition, with thanksgiving, make your requests know to God. Then the peace of God which surpasses all understanding will guard your hearts and minds in Christ Jesus. Philippians 4:6-7*



*St. Mary Magdalene*  
YOUTH MINISTRY

**Stay tuned for updates via email and Instagram.**

For more information on St. Mary Magdalene Youth Group events, contact Jessica Brophy, Director of Youth Ministry (619) 276-6814; [youthministry@stmarymagonline.org](mailto:youthministry@stmarymagonline.org)

### **Intercessions Concerning the Coronavirus**

Lord Jesus, you healed those who were sick and cared for any who were suffering. Be with us now as we pray for all those who may be affected by the Coronavirus.

- That our leaders may have the humility and wisdom to enact timely policies that embody compassion for all who will suffer from the coronavirus, especially those who can least afford to deal with its effects, we pray.
- That we will not allow fear to rule our actions and reactions to the spread of this virus, we pray.
- That health-care workers and others who, because of their work, come in contact with people who are infected with this illness may be protected from its effects, we pray.
- That those throughout the world who have been infected may be blessed with a speedy and complete recovery, we pray.
- That those who have died from the Coronavirus may be raised to new life in heaven, and that their loved ones may know comfort in their grief, we pray.

Please be aware of the fact that the church is continuing operation and continues to have expenses. Please do not forget your parish just because you are not going to Mass on weekends. You can make your donations online at [faithdirect.net](http://faithdirect.net), church code CA 840 or just mail your check in to the rectory in a regular envelope. St. Mary Magdalene 1945 Illion St. San Diego, CA 92110. We are most grateful to those who already do this.

Holy Virgin of Guadalupe,  
Queen of the Angels and Mother of the  
Americas



We fly to you today as your beloved children.  
We ask you to intercede for us with your Son,  
as you did at the wedding in Cana.

Pray for us, loving Mother,  
and gain for our nation and world,  
and for all our families and loved ones,  
the protection of your holy angels,  
that we may be spared the worst of this illness.

For those already afflicted,  
we ask you to obtain the grace of healing and  
deliverance.

Hear the cries of those who are vulnerable and fearful,  
wipe away their tears and help them to trust.

In this time of trial and testing,  
teach all of us in the Church to love one another and to  
be patient and kind.

Help us to bring the peace of Jesus to our land and to  
our hearts.

We come to you with confidence,  
knowing that you truly are our compassionate mother,  
health of the sick and cause of our joy.

Shelter us under the mantle of your protection,  
keep us in the embrace of your arms,  
help us always to know the love of your Son, Jesus.

Amen.



### Prayer to Make a "Spiritual Communion"

Saint Alphonsus Liguori

Saint Thomas Aquinas defined "spiritual communion" as  
"an ardent desire to receive Jesus in the Holy Sacrament  
and a loving embrace as though we had already received  
Him. Saint Teresa of Avila wrote: "When you cannot re-  
ceive Communion and cannot attend Mass, you can  
make a spiritual communion, which is a most beneficial  
practice; by it the love of God will be greatly impressed  
on you."

#### An Act of Spiritual Communion

My Jesus,  
I believe that You  
are present in the Most Holy Sacrament.  
I love You above all things,  
and I desire to receive You into my soul.  
Since I cannot at this moment  
receive You sacramentally,  
come at least spiritually into my heart.  
I embrace You as if You were already there  
and unite myself wholly to You.  
Never permit me to be separated from You.  
Amen.

### Nourish for Caregivers

In addition to our online monthly meeting, **Nourish for Caregivers** is offering **connect LIVE**, a way to be encouraged, share challenges, find support and be spiritually nourished...**every single day** during these uncertain times.

"House Calls" for Caregivers!

Daily at 8 a.m. pdt - Via Zoom Live Web Video

Join by computer/tables: <http://zoom.us/j/940374710>

or

By phone: +1 312 626 6799 (US) and enter  
Meeting ID 940 374 7100

Join us! We're here for you.

### Prayer List for Deployed Military

As a faith community let's pray for all those  
who serve our country during these troubled times.  
We pray especially for those of our parish who are  
deployed or will soon be deployed:

- Dr. Ashley Cirillo
- Lynn Doras
- Philip Ho
- Daniel Mateos
- Dominic McCarron
- Joseph Nason
- Nilbert Ng
- Elizabeth P.
- Michael Piano
- Sebastian Paloma
- Jorge Ramirez
- Miguel Valverde

***Almighty God, be their constant companion and strength in every adversity. May they always experience your presence, love and comfort.***

If you have a friend or relative who is serving  
in our military, please contact the Parish Office.

### Remember to Support Our Advertisers!

The JS Paluch Company arranges for the bulletin to be supported through the generosity of the businesses that you see advertised on the back cover. Most of these advertisers are members of our local community, and many belong to our parish.



## Parish Ministry Contacts

<b>ALTAR SERVERS</b> Mary Kay Evanko (619) 276-1041	<b>Co-Chair</b> Clair Southgate (619) 276-3927	<b>Secretary</b> Karen Lynch (858) 571-5657
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<b>BINGO</b> Patty Chouinard (858) 829-7005	<b>MUSIC MINISTRY:</b> Sunday 9 a.m. Traditional Choir Mary Kay Evanko (619) 276-1041 Sunday 6 p.m. Contemporary Choir Carole LeCren (619) 276-1041	<b>R.C.I.A. (Rite of Christian Initiation for Adults)</b> Parish Office (619) 276-1041
<b>CHARISMATIC PRAYER GROUP</b> Parish Office (619) 276-1041	<b>Resurrection Chorale</b> Mary Kay Evanko (619) 276-1041	<b>RELIGIOUS EDUCATION</b> Rachel Freeman (619) 276-1248
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<b>EUCCHARISTIC ADORATION</b> Marie Zenker (619) 276-8683	<b>Community Building</b> Dianna Anderson (858) 272-9640	<b>USHERS/GREETERS</b> Luke Rohde (858) 518-2323
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<b>FINANCE COUNCIL</b> Chair Father Stephen McCall (619) 276-1041	<b>Liturgy &amp; Spirituality</b> Gerry Thompson (619) 275-2264	<b>YOUTH MINISTRY</b> Jessica Brophy (619) 276-6814
	<b>Marriage &amp; Family Life</b> Position Available (619) 276-1041	

## Outside Ministry Contacts

<b>CCSA</b> Jeanne McAlindin (619) 276-1169 Marianne Forsyth (619) 885-1083	<b>CENACLE</b> Parish Office (619) 276-1041	<b>KNIGHTS OF COLUMBUS</b> Miguel Bush (619) 246-3605
	<b>DIVINE MERCY</b> Joe & Carol Pallazola (619) 276-6637	

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Special Instructions