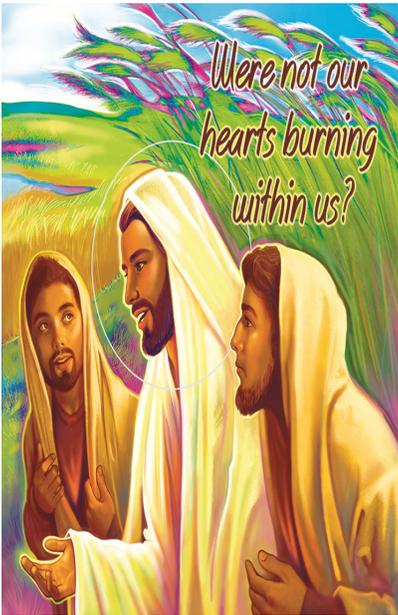


Church of St. Mary Magdalene

THIRD SUNDAY OF EASTER

APRIL 26, 2020



Rev. Stephen P. McCall
Pastor

Rev. John B. Farley
Associate Pastor

Rev. William Headley, C.S.Sp.
In residence

Rev. Michael T. White, C.S.Sp.
Weekend supply

Deacon Ralph Skiano

Church of St. Mary Magdalene
1945 Illion Street
San Diego, California 92110
Tel (619) 276-1041
Fax (619) 276-0144
www.stmaryagonline.org

• Mass Schedule •

Monday - Saturday mornings 7:45 a.m.
Saturday Vigil 5:30 p.m., Sunday 7, 9, 11 a.m., 6 p.m.
Holy Day Vigil 5:30 p.m., Holy Day 7:45 a.m., 7 p.m.

• Sacrament of Reconciliation •

Saturday 4 - 5 p.m.
or by appointment

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St. Mary Magdalene Mission Statement

**We the Eucharistic Community of St. Mary Magdalene
are called to conversion in Jesus Christ.**

**Our community life and worship are based on the Bible,
the Sacraments, and the teachings of the Catholic Church.**

**Living the love of Christ impacts our moral, intellectual, and
religious life, and makes us a caring community that brings hope
to our families, neighborhood, and society.**

- **PARISH OFFICE HOURS**
Monday-Friday: 8 a.m.-4:30 p.m.
(closed from 12 noon-1:00 p.m.)
- **TO BECOME A REGISTERED PARISHIONER**
Stop by the Parish Office during regular business.
- **FUNERAL PRE-PLANNING**
Arrangements for a funeral liturgy may be made in advance. Contact the Director of Liturgy, Mary Kay Evanko.
- **RITE OF CHRISTIAN INITIATION FOR ADULTS**
Those who are interested in becoming Catholic, or those baptized Catholics, who wish to become fully initiated in the Church, should call the Parish Office.
- **SACRAMENT OF BAPTISM**
Baptismal preparation classes are required of all parents and godparents. Call the Parish Office for an appointment.
- **SACRAMENT OF MARRIAGE**
Call the Parish Office at least nine months in advance.
- **SACRAMENT OF RECONCILIATION**
Saturday, from 4-5 p.m. in the church or call the Parish Office for an appointment.
- **SACRAMENT OF THE SICK**
In event of serious illness or medical emergency, anointing of the sick and Eucharist may be arranged by contacting the Parish Office.
- **RELIGIOUS EDUCATION**
Classes are held on Sunday mornings at 10:15 a.m. Contact Rachel Freeman, for more information.
- **EUCCHARISTIC ADORATION**
Every Friday from 1-5:00 p.m. in the Blessed Sacrament Chapel.
- **MINISTRIES/ORGANIZATIONS**
To become involved in a parish ministry, call the ministry contact found on page seven of this bulletin.

Welcome!

No matter what your present status in the Catholic Church,
No matter what your current family or marital situation,
No matter what your past or present situation,
No matter what your personal history,
age, background or race,
No matter what your own self image or self-esteem.
You are invited, welcomed, accepted, loved,
and respected at St. Mary Magdalene Church!
We are so happy to have you here!



Third Sunday of Easter A Scriptural Reflection

Mass Intentions

If you had a Mass Intention scheduled during this time of 'No Public Masses Being Celebrated', you will be given the opportunity to reschedule the Mass as soon as we resume public Masses. Thank you for your understanding.

Today's Readings

First Reading:

- God has raised the crucified Jesus, who now pours forth the Holy Spirit upon us (Acts 2:14, 22-33).

Psalm:

- Lord, you will show us the path of life (Psalm 16).

Second Reading:

- Our faith and hope are in God, who raised Jesus from the dead (1 Peter 1:17-21).

Gospel:

- Through his words and in the breaking of the bread, the risen Christ made himself known to two disciples on their way to Emmaus (Luke 24:13-35).

The English translation of the Psalm Responses from *Lectionary for Mass* © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.



Readings for the Week

Sunday:	Acts 6:8-15; Ps 119:23-24, 26-27, 29-30; Jn 6:22-29
Tuesday:	Acts 7:51 — 8:1a; Ps 31:3cd-4, 6, 7b, 8a, 17, 21ab; Jn 6:30-35
Wednesday:	Acts 8:1b-8; Ps 66:1-3a, 4-7a; Jn 6:35-40
Thursday:	Acts 8:26-40; Ps 66:8-9, 16-17, 20; Jn 6:44-51
Friday:	Acts 9:1-20; Ps 117:1bc, 2; Jn 6:52-59, or, for the memorial, Gn 1:26 — 2:3 or Col 3:14-15, 17, 23-24; Ps 90:2-4, 12-14, 16; Mt 13:54-58
Saturday:	Acts 9:31-42; Ps 116:12-17; Jn 6:60-69
Sunday:	Acts 2:14a, 36-41; Ps 23:1-6; 1 Pt 2:20b-25; Jn 10:1-10

And It Happened That . . .

The two major components of today's familiar Gospel hinge on this phrase: "And it happened that . . ." But what monumental moments of grace that seemingly insignificant phrase introduces! The first time it appears, the risen Christ joins the disciples on their journey. The second time, he joins them at table and breaks bread with them. Twice also there are "openings" in this passage. The first is the opening of the scriptures to the disciples, which will help them realize that through this "breaking open" of God's inspired word their hearts came to burn with the fire of faith. Second, the breaking of the bread causes their eyes to be opened, so that they recognize Christ with them. And so it happens, each and every Lord's Day, as it happened on this "first day of the week," that in the opening of the word and the breaking of the bread, we come to know Christ with us.

Finding God In Broken Things

The two disciples were having trouble, as many of us still do today, finding the presence of God in broken things. The body of their Lord had been broken on a cross. They were confused at the broken seal on the tomb—not yet understanding what this meant—thinking perhaps that the grave had been desecrated. Their dreams of the reign of God that Jesus had preached were broken, too. Luke tells us they were "downcast." They were surely not expecting to find God's presence in this stranger on the road whom they did not recognize. But as they continued on their journey with him, his sharing of the scriptures inspired them to keep him as companion, and at their table he became the host. Then grace was present, known, seen, and believed in the broken bread. Their joy overcame their fear of traveling after nightfall (a dangerous undertaking in that time and place), and they sped to Jerusalem to share their good news. We, too, must journey with Jesus, allow him to open our eyes and set our hearts on fire. Then, overcoming all our fears in joyful faith, we must continue on as messengers of the gospel.

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Faith Sharing for Families and Small Groups

Today's Gospel (Luke 24:13-35) teaches us God's Messiah *had to suffer* before entering the glory of his risen life. The failure to grasp both aspects – suffering and glory – led many to reject Jesus. The two disciples on the road to Emmaus represent those whose hopes were dashed. If they had understood all the prophecies, not just the ones promising a glorious Messiah, they would have realized that Jesus' sufferings were necessary to God's plan. The disciples invite their companion to have supper with them, and in the breaking of the bread, a familiar gesture of Jesus, they finally recognize their Lord. He is likewise present to future generations in broken bread. Because there is no need to see him physically, "he vanished from their sight."

The disciples on the road to Emmaus walked and talked with Jesus all day long, but it was not until they offered Him hospitality and He blessed and broke the bread that they recognized Him. Simple acts of loving kindness still reveal the presence of God in our midst.

If you can read the gospels without getting hungry you're not paying attention. Jesus comes eating and drinking: So many feasts and feedings, table teachings and banquet parables, last suppers and Easter barbecues – one gets the feeling the kingdom is convened as a gigantic floating potluck, the poor being seated first. In the resurrection he can walk and talk with them, speak in their midst, but they're not quite sure 'til, Look! He has bread or fish in his hand – it's the Lord!

Peter says, "Why do you stare at us? This healing is not by our piety or power." Yes. True. But even so I might stare. Resurrection is here. Well, of course, Peter preaches it, a no-holds-barred accusation that this crowd didn't know what they were looking at in Christ Jesus. But more, it's in the freedom to preach in a place the authorities will quickly forbid. Temple cops are on the way. This is not the same Peter slinking away in fear at cockcrow. These are not the same disciples huddling in the dark behind closed doors. Well, they are the same and more. The Risen One is here. Has claimed them. Has brought them out from death.

(Continued next column)

Please be aware of the fact that the church is continuing operation and continues to have expenses. Please do not forget your parish just because you are not going to Mass on weekends. You can make your donations online at faithdirect.net, church code CA 840 or just mail your check in to the rectory in a regular envelope. St. Mary Magdalene 1945 Illion St. San Diego, CA 92110. We are most grateful to those who already do this.

(Faith Sharing for Families and Small Groups continued)

It does not yet appear what we shall be, but you can bet your life it'll look like Christ.

- ◆ What disappointment in your life turned out to be a blessing?
- ◆ The disciples only recognized Jesus after he blessed and broke the bread. When have you blessed a member of your family? When have you shared a meal with your neighbors or someone who is a shut-in?
- ◆ When have your eyes been opened so you recognized the Lord walking with you?
- ◆ When one of your own dreams was shattered and all you could talk about was the loss, what helped you see new possibilities?
- ◆ Share an experience which helped you recognize Jesus in your life.
- ◆ Can you remember a time when you set your heart on something and were deeply disappointed? What helped you make it through that difficult time?
- ◆ Share a time when you had to suffer before you experienced the presence of the Lord.
- ◆ Pray for the insight to recognize the direction in which God is leading you.
- ◆ When have you felt like a failure, or like you really made the wrong choice for your life? What helped you to open your eyes to new possibilities for your life?
- ◆ What keeps you from recognizing Jesus in all the events of your daily life?
- ◆ Remember a time when everything happening around you told you that what you believed in (set your heart/hopes on) was false. How did you keep on believing? What helped you?
- ◆ What do you need right now to help you continue in your journey of faith?
- ◆ What meal or gathering have you been part of which meant something very special to you? Why?
- ◆ How has a special companion in your journey helped you know Jesus better?
- ◆ Jesus was with the disciples in a special way. How do you know that Jesus is with you?
- ◆ Name a road in your life which was different from what you expected and discuss what helped you walk that road.
- ◆ Relate an experience when you invited someone into your conversation, activities, or sharing at your table. What was the result and how did you feel?
- ◆ Name a person who helped you while you were on a difficult road in life and talk about what that person did or said that helped you.



Nobody knows how long our current pandemic will last nor how long it will be until we can resume our regular lives. Many are worried that they will be laid off and lose their livelihoods. The pervasive uncertainty of the situation makes it hard to plan a course of action and creates a high level of stress. Our typical ways of de-stressing, such as working out in a gym, watching sports, meeting for happy hours with co-workers or hanging out with groups of friends, have largely come to a halt. So, how can we respond to the Coronavirus situation in a way that will preserve our psychological wellbeing?

Accept negative emotions: Acknowledge that a lot of anxious thoughts and emotions will show up during this time. Accept them rather than trying to push them away or escape them. The same goes for sadness stemming from the loss of our regular ways of living, worry about lack of supplies or apprehension about kids getting cabin fever. Avoidance of such emotions will only make them stronger and longer-lasting. Notice negative emotions, thoughts and physical sensations as they come up, look into them with curiosity, describe them without judgment and then let them go.

Create new routines: Be mindful of over-relying on Netflix binging, internet surfing, and Fortnite-playing as distractions. Planning and executing new routines that connect us to what really matters in life is the best recipe for good mental health. Establish structure, predictability and a sense of purpose with these new routines. Establish regular wake-up times, grooming and meal times. Where and how we work and play at home should also be planned but allow flexibility and adapt as needed. When your "workday" is done, use the opportunity to enrich your life. The most helpful routines are the ones that meet essential human needs for competence and relatedness. Learn a musical instrument or master a foreign language. YouTube lessons abound. Teach your children those skills we often don't get to share in the era of over-scheduling and helicopter parenting: cooking, laundry, balancing a checkbook, dealing with airline agents, building a ramp for the grandparents. These lessons will make them more resilient as they go off to college or move away from home.

Reinvent self-care: Exercise, good nutrition, socializing, and prayer are directly linked to emotional well-being, so now is the time to get creative. Schedule in self-care each day. Run or walk outside, use apps for home exercise, FaceTime your friends. Nature is still available to us and an essential part of grounding.

(Continued next column)



St. Mary Magdalene
YOUTH MINISTRY

Stay tuned for updates via email and Instagram.

For more information on
St. Mary Magdalene Youth Group events,
contact Jessica Brophy, Director of Youth Ministry
(619) 276-6814; youthministry@stmarymagonline.org

(Behavioral Health Ministry continued)

Reflect, Relate and Reframe: As trying as these times are, they offer avenues for psychological and spiritual growth. Even during social distancing, there is an opportunity to deepen our relationships with the people in our household and beyond. Start a family Book Club, watch movies together. When else will we all be home together to enjoy that? Use audio and video technology to stay in touch with others. Take time to savor heart-to-heart conversations with family members or friends. We so seldom have this opportunity. Stress and negative emotions can have positive consequences.

What brings meaning when the noise of modern life quiets down? Have our priorities reflected what truly matters to us? As our usual pursuits are put on hold, where do we find our life purpose and transcendence? Sometimes it is not until we realize we can't fix nor change a difficult situation that we acknowledge our true dependence on God. With care, planning, mutual support, and prayer, we can emerge from this experience with a stronger sense of our resilience, rekindled relationships, a renewed appreciation of life and deeper spirituality.

One-on-one counseling remains available through the parish Behavioral Health Ministry. Sessions are currently being offered online through the HIPAA-compliant video platform, "Clocktree." To set up an appointment or for more information, please contact the parish Pastoral Counselor, Rita McCrerey, at (619) 922-6059 or email rita@ritamccrerey.com.

Saint Paul, writing from prison declared:

Have no anxiety at all, but in everything, by prayer and petition, with thanksgiving, make your requests know to God. Then the peace of God which surpasses all understanding will guard your hearts and minds in Christ Jesus. Philippians 4:6-7

Holy Virgin of Guadalupe,
Queen of the Angels and Mother of the Americas

We fly to you today as your beloved children.
We ask you to intercede for us with your Son,
as you did at the wedding in Cana.

Pray for us, loving Mother,
and gain for our nation and world,
and for all our families and loved ones,
the protection of your holy angels,
that we may be spared the worst of this illness.

For those already afflicted,
we ask you to obtain the grace of healing and deliverance.

Hear the cries of those who are vulnerable and fearful,
wipe away their tears and help them to trust.

In this time of trial and testing,
teach all of us in the Church to love one another and to be patient and kind.

Help us to bring the peace of Jesus to our land and to our hearts.

We come to you with confidence,
knowing that you truly are our compassionate mother,
health of the sick and cause of our joy.

Shelter us under the mantle of your protection,
keep us in the embrace of your arms,
help us always to know the love of your Son, Jesus.

Amen.



Getty Images



Prayer to Make a "Spiritual Communion"

Saint Alphonsus Liguori

Saint Thomas Aquinas defined "spiritual communion" as "an ardent desire to receive Jesus in the Holy Sacrament and a loving embrace as though we had already received Him. Saint Teresa of Avila wrote: "When you cannot receive Communion and cannot attend Mass, you can make a spiritual communion, which is a most beneficial practice; by it the love of God will be greatly impressed on you."

An Act of Spiritual Communion

My Jesus,
I believe that You
are present in the Most Holy Sacrament.
I love You above all things,
and I desire to receive You into my soul.
Since I cannot at this moment
receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there
and unite myself wholly to You.
Never permit me to be separated from You.
Amen.

Nourish for Caregivers

In addition to our online monthly meeting, **Nourish for Caregivers** is offering **connect LIVE**, a way to be encouraged, share challenges, find support and be spiritually nourished...**every single day** during these uncertain times.

"House Calls" for Caregivers!

Daily at 8 a.m. pdt - Via Zoom Live Web Video

Join by computer/tables: <http://zoom.us/j/940374710>

or

By phone: +1 312 626 6799 (US) and enter Meeting ID 940 374 7100

Join us! We're here for you.

Prayer List for Deployed Military

As a faith community let's pray for all those who serve our country during these troubled times. We pray especially for those of our parish who are deployed or will soon be deployed:

- Dr. Ashley Cirillo
- Lynn Doras
- Philip Ho
- Daniel Mateos
- Dominic McCarron
- Joseph Nason
- Nilbert Ng
- Elizabeth P.
- Michael Piano
- Sebastian Paloma
- Jorge Ramirez
- Miguel Valverde

Almighty God, be their constant companion and strength in every adversity. May they always experience your presence, love and comfort.

If you have a friend or relative who is serving in our military, please contact the Parish Office.

Remember to Support Our Advertisers!

The JS Paluch Company arranges for the bulletin to be supported through the generosity of the businesses that you see advertised on the back cover. Most of these advertisers are members of our local community, and many belong to our parish.



Parish Ministry Contacts

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Special Instructions